

FOXBOROUGH PUBLIC SCHOOLS

Vision & Hearing Screening Grades 1,2,3,8, and 10, Grades 4 and 5 Vision only – In the event your child’s results are out of normal limits you will be notified and be asked to seek further medical evaluation. If your child’s results are within normal limits you will NOT be notified: however, we’ll be happy to share the results with you if you call the nurse’s office. These screenings are highly recommended by the Massachusetts Department of Public Health.

Height and Weight (BMI) Screening Grades 1,4,7 and 10: A Body Mass Index, or BMI, is a measure that is used to show a person’s “weight for height for age.” It is calculated using a formula that includes an individual’s height and weight. Just like a blood pressure reading or an eye screening test, a BMI can be a useful tool in identifying possible health risks. Your child’s screening will be supervised by the school nurse or Phys Ed teacher, and your child’s privacy will be respected at all times. The results of your child’s height, weight, and BMI measurements are strictly confidential- the results will be kept in your child’s school health record. A BMI does not tell the whole story about your child’s health status. BMI does not distinguish between fat and muscle. For example, if a child is very athletic and has a lot of muscle, his or her BMI may be high even though he or she is not overweight. Your child’s health care provider can explain your child’s BMI at his/her next well child exam. They are in the best position to evaluate your child’s overall health.